ANXIETY RESOLVE

APPLICATION

- Anxiety Resolve is for breaking the pattern of repetitive thought and worry. Anxiety is a habit. And with all habits we need to build new patterns. Anxiety Resolve supports the change toward letting go of negative thinking.
- Apply to top of the neck where it meets the head and then the second application point is half way down the sternum.
- · As you apply the oil you will use the deep slow breath.
- · Note if your breathing becomes easier and slower.





INGREDIENTS

Cumin, Tarragon, Red Mandarin, Ylang Ylang, Geranium, Frankincense (India), Lotus, Organic Jojoba Oil

this is how you handle stress





ANXIETY RESOLVE

this is how you handle stress

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